

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
VORMITTAGS	GRAVITY PILATES <i>Merle</i> ● 7.30-8.30		GRAVITY PILATES CIRCUIT <i>Merle</i> ● 7.30-8.20			
	GRAVITY PILATES <i>Merle</i> ● 8.45-9.45			GRAVITY CIRCUIT <i>Erik</i> ● 10.30-11.20		LIMA WORKOUT <i>Team</i> ●● 10.00-10.50 <i>Nur die Yoga Sessions</i>
MITTAGS		GRAVITY MEN POWER <i>Linda</i> ● 12.00-12.30		GRAVITY POWER <i>Erik</i> ● 12.00-12.30	HIIT CIRCUIT <i>Linda</i> ●	
		GRAVITY WOMEN POWER <i>Linda</i> ● 12.45-13.15				
ABENDS	GRAVITY CIRCUIT <i>Julia</i> ● 18.00-18.50		GRAVITY PILATES <i>Anja</i> ● 18.00-19.00		GRAVITY CIRCUIT <i>Team</i> ● 17.30-18.20	SPECIALS Sonntag 11.08 GRAVITY POWER 17.00-17.50 Samstag 31.08 GRAVITY PILATES HIIT 11.30-12.20
	MOBILITY YOGA <i>Julia</i> ●● 19.15-20.15	LIMA PUNCH <i>Linda</i> ● 19.15-20.05	GRAVITY PILATES CIRCUIT <i>Anja</i> ● 19.15-20.05	GRAVITY YOGA <i>Inga</i> ● 18.45-19.45		

Zeitraum: August 2024

10er & 5er Karten haben eine Gültigkeit von 3 Monaten

Anmeldung über die „MySports“ App.

Nicht gültig an Feiertagen.

- Online
- BudapestStr.
- Celsiusweg