

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
MORGENS	GRAVITY PILATES <i>Merle</i> 7.30-8.30 ●			GRAVITY POWER XL <i>Erik</i> 07.30-08.20 ●		
	GRAVITY <i>Merle</i> PILATES x HIIT 08.45-09.35 ●					
VORMITTAGS	GRAVITY <i>Merle</i> MOM 10.00-11.00 ●					LIMA WORKOUT <i>Team</i> ● 10.00-10.50 ● <i>Nur die Yoga Sessions</i>
		GRAVITY MEN POWER <i>Linda</i> 12.00-12.30 ●	HIIT CIRCUIT <i>Chris</i> 13.30-14.20 ●	GRAVITY POWER <i>Erik</i> 12.00-12.30 ●	HIIT CIRCUIT <i>Linda</i> 13.30-14.20 ●	
MITTAGS		GRAVITY <i>Linda</i> WOMEN POWER 12.45-13.15 ●				
	GRAVITY CIRCUIT <i>Jule</i> 18.00-18.50 ●	GRAVITY POWER XL <i>Chris</i> 18.00-18.50 ●	GRAVITY PILATES <i>Anja</i> 17.30-18.30 ●	GRAVITY YOGA <i>Inga</i> 18.00-19.00 ●	LIMA PUNCH <i>Chris</i> 16.15-17.05 ●	
ABENDS	YOGA FLOW <i>Jule</i> 19.15-20.15 ●	LIMA PUNCH <i>Chris</i> 19.15-20.05 ●	GRAVITY <i>Anja</i> PILATES x HIIT 18.50-19.40 ●	GRAVITY YOGA <i>Inga</i> 19.15-20.15 ●	GRAVITY CIRCUIT <i>Chris</i> 17.30-18.20 ●	
			GRAVITY <i>Anja</i> PILATES x HIIT 20.00-20.50 ●			

Zeitraum: Ab Januar 2025
 10er & 5er Karten haben eine Gültigkeit von 3 Monaten
 Anmeldung über die „MySports“ App.
 Nicht gültig an Feiertagen.

- Online
- BudapesterStr.
- Celsiusweg