

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
MORGENS	GRAVITY PILATES <i>Merle</i> 7.30-8.20 ● GRAVITY NEW POWER PILATES 8.35-9.05 <i>Merle</i> ●					
VORMITTAGS						LIMA WORKOUT <i>Team</i> ● 10.30-11.20 <i>Nur die Yoga & Pilates Sessions</i>
MITTAGS		GRAVITY MEN POWER <i>Linda</i> 12.00-12.30 ● GRAVITY <i>Linda</i> WOMEN POWER 12.45-13.15 ●	HIIT CIRCUIT <i>Simon</i> 13.30-14.20 ●	GRAVITY POWER <i>Team</i> 12.00-12.30 ●	HIIT CIRCUIT <i>Linda / Merle</i> 13.30-14.20 ●	
ABENDS	GRAVITY CIRCUIT <i>Joana</i> 18.00-18.50 ● MOBILITY YOGA <i>Alina</i> 19.15-20.15 ●	GRAVITY NEW POWER <i>Team</i> 18.15-18.45 ● GRAVITY NEW POWER XL <i>Team</i> 19.00-19.50 ●	GRAVITY PILATES <i>Leni</i> 17.45-18.35 ● GRAVITY <i>Leni</i> PILATES x MAT 18.50-19.40 ●	GRAVITY YOGA <i>Inga</i> 18.00-19.00 ● LIMA NEW PUNCH <i>Cevin</i> 19.15-20.05 ● STRESSRELEASE 19.15-19.45 ● <i>Joana</i>	LIMA WORKOUT <i>Team</i> ● 17.00-17.50 ● <i>Nur die Yoga & Pilates Sessions</i>	

Zeitraum: Ab Januar 2026
 10er & 5er Karten ben eine Gültigkeit von 3 Monaten
 Anmeldung über die „MySports“ App.
 Nicht gültig an Feiertagen.

● Online
 ● BudapesterStr.
 ● Celsiusweg