

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
MORGENS	GRAVITY PILATES <i>Merle</i> ● 7.30-8.20 GRAVITY PILATES POWER 8.35-9.05 <i>Merle</i> ●					
VORMITTAGS						LIMA WORKOUT <i>Team</i> ● 10.30-11.20 <i>Online: Yoga & Pilates Sessions</i>
MITTAGS		GRAVITY POWER <i>Linda</i> ● 12.00-12.30 GRAVITY NEW <i>Linda</i> PILATES POWER 12.45-13.15 ●		GRAVITY POWER <i>Team</i> ● 12.00-12.30	HIIT CIRCUIT <i>Linda / Merle</i> ● 13.30-14.20	
ABENDS	GRAVITY CIRCUIT <i>Joana</i> ● 18.00-18.50 MOBILITY YOGA <i>Alina</i> ● 19.15-20.15 ●	GRAVITY POWER XL <i>Team</i> ● 19.00-19.50	GRAVITY PILATES <i>Leni</i> ● 17.45-18.35 GRAVITY <i>Leni</i> PILATES X MAT ● 18.50-19.40	GRAVITY YOGA <i>Inga</i> ● 18.00-19.00 LIMA PUNCH <i>Cevin</i> ● 19.15-20.05	GRAVITY CIRCUIT <i>Gerald</i> ● 17.00-17.50	

Zeitraum: April 2026
 10er & 5er Karten haben eine Gültigkeit von 3 Monaten
 Anmeldung über die „MySports“ App.
 Nicht gültig an Feiertagen.

● Online
 ● Budapeststr.
 ● Celsiusweg