

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
MORGENS	GRAVITY CIRCUIT 07.30-8.20 <i>Team</i> ●	GRAVITY PILATES 7.30-8.20 <i>Anja</i> ● GRAVITY PILATES POWER 8.35-9.05 <i>Anja</i> ●			FUNCTIONAL POWER 07.20-8.00 <i>Jonne</i> ● ●	LIMA WORKOUT PROGRAMM 10.30-11.20 <hr/> 09.05. GRAVITY CIRCUIT ●
MITTAGS		GRAVITY POWER 12.00-12.30 <i>Linda</i> ●		GRAVITY POWER 12.00-12.30 <i>Team</i> ●	HIIT CIRCUIT 13.30-14.20 <i>Linda / Merle</i> ● ●	16.05. GRAVITY PILATES X MAT ● 23.05. GRAVITY POWER XL ●
ABENDS	GRAVITY CIRCUIT 18.00-18.50 <i>Joana</i> ● MOBILITY YOGA 19.15-20.15 <i>Alina</i> ● ●	GRAVITY CORE 18.00-18.30 <i>Team</i> ● GRAVITY POWER XL 19.00-19.50 <i>Team</i> ●	GRAVITY PILATES 17.45-18.35 <i>Leni</i> ● GRAVITY PILATES X MAT 18.50-19.40 <i>Leni</i> ●	GRAVITY YOGA 18.00-19.00 <i>Inga</i> ● LIMA PUNCH 19.15-20.05 <i>Cevin</i> ●	GRAVITY CIRCUIT 17.00-17.50 <i>Gerald</i> ●	30.05. STRESSRELEASE & YOGA ● ● 09.15-10.05 GRAVITY CIRCUIT ●

- Online
- BudapesterStr.
- Celsiusweg

Zeitraum: Mai 2026

Anmeldung über die „MySports“ App.

Nicht gültig an Feiertagen.