

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
VORMITTAGS	GRAVITY PILATES <i>Merle</i> ● 7.30-8.30	GRAVITY PILATES HIIT <i>Jule</i> ● 7.30-8.20				
	GRAVITY PILATES <i>Merle</i> ● 8.45-9.45			GRAVITY CIRCUIT <i>Erik</i> ● 10.30-11.20		LIMA WORKOUT <i>Team</i> ●● 10.00-10.50 <i>Nur die Yoga Sessions</i>
MITTAGS		GRAVITY MEN POWER <i>Linda</i> ● 12.00-12.30	HIIT CIRCUIT <i>Chris</i> ● 13.30-14.20	GRAVITY POWER <i>Erik</i> ● 12.00-12.30	HIIT CIRCUIT <i>Linda</i> ● 13.30-14.20	
		GRAVITY WOMEN POWER <i>Linda</i> ● 12.45-13.15				
ABENDS	GRAVITY CIRCUIT <i>Jule</i> ● 18.15-19.05	GRAVITY POWER XL <i>Chris</i> ● 18.00-18.50	GRAVITY PILATES <i>Anja</i> ● 18.00-19.00	GRAVITY YOGA <i>Inga</i> ● 17.30-18.30	LIMA PUNCH <i>Chris</i> ● 16.15-17.05	
	MOBILITY YOGA <i>Jule</i> ●● 19.30-20.30	LIMA PUNCH <i>Chris</i> ● 19.15-20.05	GRAVITY PILATES CIRCUIT <i>Anja</i> ● 19.15-20.05	GRAVITY YOGA <i>Inga</i> ● 18.45-19.45	GRAVITY CIRCUIT <i>Chris</i> ● 17.30-18.20	

Zeitraum: Ab Oktober 2024
 10er & 5er Karten haben eine Gültigkeit von 3 Monaten
 Anmeldung über die „MySports“ App.
 Nicht gültig an Feiertagen.

- Online
- Budapester Str.
- Celsiusweg