

LIMA STUDIO

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
MORGENS	GRAVITY PILATES <i>Merle</i> 7.30-8.30 ● GRAVITY <i>Merle</i> POWER 08.45-09.15 ●					
VORMITTAGS						LIMA WORKOUT <i>Team</i> ● 10.00-10.50 ● <i>Nur die Yoga Sessions</i>
MITTAGS		GRAVITY MEN POWER <i>Linda</i> 12.00-12.30 ● GRAVITY <i>Linda</i> WOMEN POWER 12.45-13.15 ●	HIIT CIRCUIT <i>Simon</i> 13.30-14.20 ●	GRAVITY POWER <i>Team</i> 12.00-12.30 ●	HIIT CIRCUIT <i>Linda</i> 13.30-14.20 ●	
ABENDS	GRAVITY CIRCUIT <i>Joana</i> 18.00-18.50 ● MOBILITY YOGA <i>Alina</i> ● 19.15-20.15 ●	GRAVITY POWER XL <i>Team</i> 18.00-18.50 ● LIMA PUNCH <i>Cevin</i> 19.15-20.05 ●	GRAVITY PILATES <i>Leni</i> 17.30-18.30 ● GRAVITY <i>Leni</i> PILATES x MAT 19.00-19.50 ●	GRAVITY YOGA <i>Inga</i> 18.00-19.00 ●	LIMA WORKOUT <i>Team</i> ● 17.30-18.20 ● <i>Nur die Yoga Sessions</i> ●	

Zeitraum: Ab August 2025
 10er & 5er Karten ben eine Gültigkeit von 3 Monaten
 Anmeldung über die „MySports“ App.
 Nicht gültig an Feiertagen.

- Online
- BudapesterStr.
- Celsiusweg